

Journeys runs a supporters scheme.

Join us and become part of a growing community who support, empower and champion people affected by depression across Wales.

Why Join us?

You will receive:

- Journeys' Understanding Depression 32 page booklet and a selection of leaflets on depression related topics
- Free copies of our other publications (on request)
- Access to our advice and information services
- All the latest depression-related news and research brought to your door in our newsletter
- Access to our mutual support services (including a penfriend scheme)
- Discounted admission to events, courses and conferences

You will also have the opportunity to:

- Support a cause which offers a lifeline to thousands of people devastated by depression
- Make your voice heard
- Connect with people who have had similar experiences
- Fight stigma and discrimination, and dispel the myths about depression
- Contribute to changing policy and services
- Influence, inform and be involved in the development of campaigns

Join now, please fill in your details below:

Name ----- Date -----

Address -----

----- Postcode -----

Phone Number ----- Email Address -----

Office Use Only:							
<input type="text"/>	CA <input type="checkbox"/>	CH <input type="checkbox"/>	£	Supp <input type="checkbox"/>	Don <input type="checkbox"/>	Gift Aid <input type="checkbox"/>	D/B <input type="checkbox"/>
	S/O <input type="checkbox"/>	ID	___/___/___/___	<input type="text"/>	<input type="text"/>	<input type="text"/>	G/A <input type="checkbox"/>
							T/Y <input type="checkbox"/>

I would like to join Journeys' supporter scheme:

- £16 (full fee)
 £10.00 (unwaged)
 £20.00 Voluntary Org
 £50.00 Company

Making a Donation

- I enclose a donation of £.....
 I would like to make a regular donation - please complete the Standing Order form below.

Want to make your money go further?

Use Gift Aid* and for every pound you give to us, we get an extra 28p from the Inland Revenue at no extra cost to you. So, if you would like to Gift Aid all your donations and membership fees from this date until you notify us otherwise,

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Just tick this box. It's that simple.

Please note: in order to process a Gift Aid donation we will require you to provide your name, address and today's date, using the form overleaf.

*To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount we will claim in the tax year.

I would like to pay:

- By cash
 By cheque/postal order (Please make cheques payable to Journeys)
 By Standing Order

Application to set up a standing order for the supporter scheme and/or donations

To (name & address of your bank)

Bank	Bank Title	Sort Code	For the credit of:	Beneficiary	A/c Number	Quote Ref
HSBC	Cardiff, Whitchurch	40-46-43		Journeys Toward Recovery	91267507	(completed by Journeys)
Amount		Amount in words				
Date of 1st payment		And thereafter every	Date	Every		Until further notice
				Month	Quarter	
Name of account to be debited				Sort code	A/c number	

Signature Date

Please return this form to:

Journeys, 120-122 Broadway,
Roath, Cardiff CF24 1NJ

www.journeysonline.org.uk

029 2069 2891

info@journeysonline.org.uk